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LIST OF RECOMMENDED ITEMS (LORI)



Ergonomic Chairs

Enjoy comfort and ultimate productivity at your workstation in an ergonomic office chair – which also helps reduce your risk of musculoskeletal disorders like back pain, neck pain and RSI.

We're all different, which is why these ergonomic office chairs feature a range of adjustment options. All the models offer both style and functionality. Get comfortable!

POSITIV PLUS

MEDIUM BACK



The Positiv Plus offers the sort of sophisticated controls, adjustability and durability normally only to be found in more expensive ergonomic chairs, at a lower price.

FEATURES

- Medium back
- Unique ergonomic multi-featured seat system
- Sophisticated under-seat controls providing maximum adjustability for the user
- Modern contoured backrests with subtle curves
- Unique Ergo-Slide height adjustment system
- Replaceable moulded-foam seat cushions
- Top action, safety gas lift rated to 23.6 stone (150 kg)
- Inflatable lumbar panel for additional support



Black

Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	500-620
Seat width (W) mm	500
Seat depth (D) mm	440-525
Back width (W) mm	435
Back height (H) mm	490-570

SKU	Description
9787501BLA	Positiv Plus Medium Back Office Chair w/armrests
9787502BLA	Positiv Plus Medium Back Office Chair w/armrests & Neckrest
9787511BLA	Positiv Plus Medium Back Office Chair Armrests and neckrest are not included - use this base chair to fully customise your chair with options and accessories available for individual customisation.
9994719	Positiv Plus castors for hard floors (set of 5)

POSITIV PLUS

HIGH BACK



The Positiv Plus offers the sort of sophisticated controls, adjustability and durability normally only to be found in more expensive ergonomic chairs, at a lower price.

FEATURES

- High back
- Unique ergonomic multi-featured seat system
- Sophisticated under-seat controls providing maximum adjustability for the user
- Modern contoured backrests with subtle curves
- Unique Ergo-Slide height adjustment system
- Replaceable moulded-foam seat cushions
- Top action, safety gas lift rated to 23.6 stone (150 kg)
- Inflatable lumbar panel for additional support



Black



Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	500-620
Seat width (W) mm	500
Seat depth (D) mm	440-525
Back width (W) mm	435
Back height (H) mm	610-690

SKU	Description
9787601BLA	Positiv Plus High Back Office Chair w/armrests
9787602BLA	Positiv Plus High Back Office Chair w/armrests & Neckrest
9787611BLA	Positiv Plus High Back Office Chair Armrests and neckrest are not included - use this base chair to fully customise your chair with options and accessories available for individual customisation.
9994719	Positiv Plus castors for hard floors (set of 5)

POSITIV SE

HIGH BACK



FEATURES

- Height and depth adjustable
- Unique ergonomic multi-featured seat system. Hinge-fronted to ease pressure on legs in reclined mode and offer additional seat tilt in forward mode. Telescopic hand-wheel seat slide adjustment with 78mm of movement.
- Sophisticated under-seat controls
- Knee tilt with independent lockable controls for seat and backrest angles.
- Easy-access lever controls for seat height and bodyweight tension control.
- Modern contoured memory foam backrest with subtle curves
- Unique Ergo-Slide backrest height adjustment system
- Replaceable memory foam seat cushions



Black



Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	500-620
Seat width (W) mm	500
Seat depth (D) mm	440-525
Back width (W) mm	435
Back height (H) mm	610-690

SKU	Description
100016470	Positiv SE Chair High Back

POSITIV SE

MEDIUM BACK



FEATURES

- Height and depth adjustable
- Unique ergonomic multi-featured seat system. Hinge-fronted to ease pressure on legs in reclined mode and offer additional seat tilt in forward mode. Telescopic hand-wheel seat slide adjustment with 78mm of movement.
- Sophisticated under-seat controls
- Knee tilt with independent lockable controls for seat and backrest angles.
- Easy-access lever controls for seat height and bodyweight tension control.
- Modern contoured memory foam backrest with subtle curves
- Unique Ergo-Slide backrest height adjustment system
- Replaceable memory foam seat cushions



Black

Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	500-620
Seat width (W) mm	500
Seat depth (D) mm	440-525
Back width (W) mm	435
Back height (H) mm	490-570

SKU	Description
1814001	Positiv SE Chair Medium Back

RH LOGIC 200

MEDIUM BACK



The Logic 200 offers greater seat depth, softer cushioning and an improved lockable movement mechanism for freedom of movement.

FEATURES

- Curved medium back and distinct waist provides lumbar support
- Tvedt cushion in backrest encourages open posture
- Adjustable backrest angle provides support in any position
- Waterfall edges reduce pressure on thighs
- Inflatable lumbar pump as standard providing extra support for the lower back
- Frictionless tilt mechanism follows your every movement
- Adjustable seat improves blood circulation and leg support
- Easily interchangeable seat and back that can be clicked on and off



Black

Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	406-550
Seat width (W) mm	442
Seat depth (D) mm	386-484
Back width (W) mm	431
Back height (H) mm	518

SKU	Description
1301011	RH Logic 200 medium back office chair with arms
1301015	RH Logic 200 medium back office chair with armrests and neckrest

RH LOGIC 220

HIGH BACK



RH Logic 220's high back has an inbuilt inflatable lumbar cushion as standard so all users can quickly find the most suitable level of lower back support.

FEATURES

- Curved high back and distinct waist provides comfortable lumbar support
- Tvedt cushion in backrest encourages open posture
- Adjustable backrest angle provides support in any position
- Waterfall edges reduce pressure on thighs
- Inflatable lumbar pump as standard providing extra support for the lower back
- Frictionless tilt mechanism follows your every movement
- Adjustable seat improves blood circulation and leg support
- Easily interchangeable seat and back that can be clicked on and off



Black



Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	406-550
Seat width (W) mm	442
Seat depth (D) mm	400-499
Back width (W) mm	433
Back height (H) mm	620

SKU	Description
1301033	RH Logic 220 high back office chair with armrests
1301037	RH Logic 220 high back office chair with armrests and neckrest

HOMEWORKER

ERGONOMIC CHAIR



The intuitive functions of the Homeworker Ergonomic Office Chair allow you to adjust the height of the chair so that you can align your feet, knees and hips properly, avoid pain and work productively for longer.

FEATURES

- Available in Black
- Twin lever mechanism
- Smart black base
- Upholstered seat and back
- Option for height-adjustable armrests
- Castors for carpeted floors as standard, with optional castors for hard floors



Black



Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	460-590
Seat width (W) mm	530
Seat depth (D) mm	470
Back width (W) mm	460
Back height (H) mm	565-630

SKU	Description
9900001	Homeworker Ergonomic Chair with castors for carpeted floors
9900002	Homeworker Ergonomic Chair with armrests and castors for carpeted floors
9994719	Positiv soft wheel castor for hard floors set 5

HOMEWORKER PLUS

ERGONOMIC CHAIR



The comfortable Homeworker Plus Ergonomic Office Chair is ideal for supplying to your hybrid working staff for use at home.

FEATURES

- Available in Black
- Independent mechanism with tension adjustment
- Ratchet back height adjustment
- Seat slide
- Inflatable lumbar support
- Stylish black base
- Upholstered seat and back
- Option for height and depth adjustable armrests
- Castors for carpeted floors as standard, with optional castors for hard floors



Black

Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	490-630
Seat width (W) mm	530
Seat depth (D) mm	470-520
Back width (W) mm	460
Back height (H) mm	565-630

SKU	Description
9900003	Homeworker Plus Ergonomic Chair with castors for carpeted floors
9900004	Homeworker Plus Ergonomic Chair with armrests and castors for carpeted floors
9994719	Positiv Soft Wheel Castor For Hard Floors Set 5

HOMEWORKER MESH

ERGONOMIC CHAIR



The semi-transparent mesh material of the Homeworker Mesh Ergonomic Chair promotes airflow and forms part of a striking contemporary chair design to take pride of place in your home office.

FEATURES

- Available in Black
- Twin lever mechanism
- Back tilt - when you wish
- Ergonomic slimline mesh backrest
- Backrest height adjustment
- Double curved waterfall seat
- Ergo density moulded foam cushion
- Option for height-adjustable armrests
- Option for carpeted and hard floor castors



Black



Max. Weight:
23.6 stone (150 kg)

Seat height (H) mm	460-590
Seat width (W) mm	490
Seat depth (D) mm	470
Back width (W) mm	460
Back height (H) mm	535-580

SKU	Description
9900009	Homeworker Ergonomic Mesh Back Chair with armrests and castors for carpeted
9994719	Positiv Soft Wheel Castor For Hard Floors Set 5



Desks/Platforms

Be more active, creative and comfortable while you work by spending part of your working day standing. Moving between sitting and standing can boost your heartrate, shake you out of poor postures and give you a boost in concentration and confidence.

The electric sit-stand desks from Posturite move gently and quietly at the touch of a button to the perfect standing or sitting height for you. Simply push the handles on the award-winning Opløft sit-stand platform to float the surface effortlessly to any of the 14 height settings.



The sleek, uncomplicated design of this electric sit-stand desk blends seamlessly into the home environment, giving you a dedicated space to be more active, creative and comfortable while you work.

FEATURES

- A sit-stand desk for modern work from home lifestyles
- Smooth, quiet electric lift at the touch of a button
- Available in all white or sleek all black
- Ergonomically designed motors hidden within the columns for a clean design
- Three-part columns with telescopic extension to find your perfect height
- Stable and sturdy even when extended fully
- Home-friendly anti-collision technology for safety
- Adjustable feet
- Prevents static posture, a cause of aches, pains and decreased productivity
- Simple electric switch controls up and down lift (40 mm/sec) between ranges of 650-1300 mm
- Option to upgrade to the one touch memory operation switch



Black



White



Grey



Max. Weight:
100 kg (distributed load)

Surface height range mm	645–1295
Base height mm	620–1270
Desktop width mm	1200
Desktop depth mm	700
Desktop thickness mm	25

SKU	Description
6100002	JOSHO Electric Sit-Stand Desk - black frame/black top
6100003	JOSHO Electric Sit-Stand Desk - white frame/white top
100088806	JOSHO Electric Sit-Stand Desk – silver frame/grey top

DESKRITE 350

ELECTRIC SIT-STAND DESK



Use the DeskRite 350's simple button controls to move between your ideal sitting and standing heights smoothly, quickly and quietly.

FEATURES

- Simple up/down hand control switch as standard. Upgrade to a 4 position one touch memory height display up/down switch available
- Ergonomically designed motors hidden within the columns
- Three-part columns with telescopic extension
- Great stability throughout the total range of extension
- Anti-collision system for safety
- Adjustable feet
- Allows users to interchange between sitting and standing positions
- Simple electric switch controls up and down lift (40 mm/sec) between ranges of 650-1300 mm

Frame

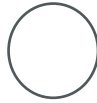


Silver

Desktop



Maple



White



Max. Weight:
100 kg (distributed load)

Surface height range mm	645–1295
Base height (frame) mm	620–1270
Desktop width mm	1200, 1400, 1600, 1800
Desktop depth mm	800
Desktop thickness mm	25

SKU	Description
8814001	1200 x 800mm - silver frame/maple top
8814002	1400 x 800mm - silver frame/maple top
8814003	1600 x 800mm - silver frame/maple top
8814004	1800 x 800mm - silver frame/maple top
8814016	1200 x 800mm - silver Frame/white Top
8814017	1400 x 800mm - silver frame/white top
8814018	1600 x 800mm - silver frame/white Top
8814019	1800 x 800mm - silver frame/white Top

HEIGHT ADJUSTABLE DESK

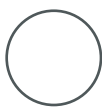
PORTABLE v2



This adjustable sit-stand platform can be raised, lowered, tilted and moved wherever it's needed to suit your work pattern.

FEATURES

- Gas-activated height adjustment
- Tiltable desktop promotes the most ergonomic, comfortable working angle
- Eco-friendly particle board finished with solid construction
- Safety ledge stopper prevents your devices from slipping
- Levelling feet enable precision alignment
- Sturdy castors offer maximum portability and mobility
- Stylish white finish



White

Max. Weight:
8kg

Height range mm	758-1128
Worksurface (L x W):	600 x 520
Worksurface thickness:	16
Tilt	3 fixed positions

SKU	Description
0946002	Portable Height Adjustable Desk

ALPHA

FIXED HEIGHT DESK



The Alpha Fixed Height Desks can be arranged in a variety of ways to suit the layout of your office. They each come with a modesty panel at the back to help divide work spaces and increase privacy. Choose from a variety of sizes to make the most of your space and benefit from two circular cable ports for neat, clutter-free cable management.

FEATURES

- Rectangular desk
- 25 mm MFC white desk top with silver metal frame
- Single upright frame
- Adjustable feet
- 2 cable ports

Frame

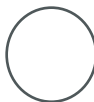
Desktop



Silver



Maple



White

5 YEAR
warranty

Height mm	740
Desktop width mm	800, 1000, 1200, 1400
Desktop depth mm	600, 800
Desktop thickness mm	25

SKU	Description
100017053	Alpha Desk 800 x 600 Silver Frame/Maple Top
100017055	Alpha Desk 1200 x 800 Silver Frame/Maple Top
100017058	Alpha Desk 1400 x 800 Silver Frame/Maple Top
100017060	Alpha Desk 1000 x 800 Silver Frame/Maple Top
4621001	Alpha Desk 800 x 600 Silver Frame/White Top
4621002	Alpha Desk 1000 x 800 Silver Frame/White Top
4621003	Alpha Desk 1200 x 800 Silver Frame/White Top
4621004	Alpha Desk 1400 x 800 Silver Frame/White Top

POSITIV HOMEWORKER DESK

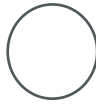
SCREW IN LEGS



Solid and durable yet compact, you can fit the Positiv Homeworker Desk into small spaces to make the most of your living area.

FEATURES

- An easy-to-assemble desk designed for homeworkers
- Screw-fit assembly for easy and fast set up
- Choice of white or black finish with stylish chrome legs that screw on and off
- Sturdy boltless construction with threaded inserts for maximum fixing strength
- Compact design that's perfect for the home environment



Black

White

Dimensions (W x D):	1000 x 600
Desktop thickness mm	25
Legs mm	60 x 690
Floor to desktop mm	715

SKU	Description
3823001	1000 x 600mm - black
3823002	1000 x 600mm - white

POSITIV HOMEWORKER DESK

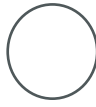
FOLDAWAY LEGS



Solid and durable yet compact, you can fit the Positiv Homeworker Desk into small spaces to make the most of your living area.

FEATURES

- An easy-to-assemble desk designed for homeworkers
- Black foldaway legs that make it easy to set up or tidy away
- Compact design that's perfect for the home environment
- Strong, durable build



Black

White

Dimensions (W x D):	1000 x 600
Desktop thickness mm	25
Legs mm	60 x 690
Floor to desktop mm	715

SKU	Description
3823184	1000 x 600mm - black
3823185	1000 x 600mm - white

A slim and portable sit-stand platform for a healthier, more dynamic working life. Our most portable sit-stand desk yet is beautifully slim and light without compromising on quality or stability.



FEATURES

- 14 height settings give you the freedom to sit or stand up to work
- Gas lift technology makes height adjustment effortless
- Cross structure design offers style and stability
- Slim 30mm profile when flat
- Easy to carry at 12 kg
- Sleek, contemporary looks inspired by Scandinavian minimalism
- Exceptional engineering with high quality materials and components
- Encourages physical activity and healthier working behaviours
- 12 kg maximum weight capacity



Black

Overall dimensions (flat) (W x D x H) mm	780 x 600 x 30
Usable surface dimension (W x D) mm	680 x 600
Lift range (top surface) mm	30-420
Minimum desktop/table surface required (W x D) mm	800 x 620
Maximum weight capacity kg	12

SKU	Description
9820900	Opløft Sit-Stand Platform

DESKRITE 100

SIT-STAND PLATFORM



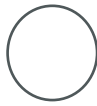
This affordable, space-saving sit-stand solution can be placed on top of any existing surface with minimal disruption. Simply pull the levers to move the dual-level surface to your desired height - whether sitting or standing, and enjoy a sturdy, ergonomic, topple-resistant surface for your computer monitors, accessories devices and papers.

FEATURES

- Fully assembled
- Smart lifting system
- 40 height settings
- Sliding keyboard tray
- Solid sturdy construction
- Cable management system
- Tension adjustment



Black



White



Max. Weight:
18kg

Platform dimensions (W x D) mm	890 x 600
Keyboard tray (W x D) mm	650 x 280
Height range (to desk surface) mm	120-500
Height range (to keyboard tray) mm	15-400
Maximum weight capacity kg	18

SKU	Description
9820751	DeskRite 100 sit-stand platform - black
9820752	DeskRite 100 sit-stand platform - white

DESKRITE 100E

SIT-STAND PLATFORM



Effortlessly upgrade your fixed workstation into an ergonomic standing desk with the electrically-operated DeskRite 100E Electric Sit-Stand Platform. Enhance your comfort and boost your productivity.

FEATURES

- Desk height adjustment from 150-550 mm
- Desk converter quickly converts desk into a standing desk
- Delivered fully assembled
- Works with existing desk with no fitting required
- Monitors can be positioned directly on the worksurface
- Electric lift mechanism
- Integrated keyboard shelf positioned ergonomically



1 YEAR
warranty



Black



Max. Weight:
18kg

Platform dimensions (W x D) mm	880 x 415
Keyboard tray (W x D) mm	680 x 197
Keyboard tray height range mm	20-420
Maximum weight capacity kg	20

SKU	Description
100071400	DeskRite 100E sit-stand platform



Desk Accessories

Here are handy extras for your ergonomic desk - the range of gadgets and gizmos include balance balls, lamps, power units and standing platforms that activate your core muscles while you work.

ANTI-FATIGUE MAT

WELLNESS



Maintain activity and comfort with the durable Fellowes Anti-Fatigue Wellness floor mat.

FEATURES

- Stay active and comfortable with this durable floor mat
- Promotes gentle movement to alleviate fatigue
- Compatible with any sit-stand setup for enhanced standing support
- Features beveled, no-curl edges to prevent tripping
- Constructed from sturdy, high-density polyurethane for lasting durability

1 YEAR
warranty

Length (L) mm	915
Height (H) mm	610

SKU	Description
2333082	Fellowes Wellness Anti-fatigue Mat

FLOOR PROTECTOR CHAIR MAT

CARPETED AND HARD FLOORS



The Floor Protector Chair Mat will protect your wooden, linoleum, or carpeted floor from scuffs and scratches made by your chair's wheels.

FEATURES

- Made from Polycarbonate
- Friendly gripper back for carpet application
- Ribbed back for hard floor application
- Clear / transparent

5 YEAR
warranty

Lip Size mm	285 x 630
Size mm	900 x 1200

SKU	Description
9820575	Floor Protector Chair Mat for Hard Floors - Clear
100114317	Floor Protector Chair Mat for Carpeted Floors - Clear

CIRCULAR DESK RAISERS

SET OF 4



Our strong, stackable desk raisers can be slipped beneath the legs of your desk (as long as they're circular or cantilever) to boost it to your desired height (maximum of three can be stacked)

FEATURES

- Set of 4 circular desk raisers
- Made from recycled plastic
- Stackable for extra height (maximum of three high)
- Widest round leg you could stand on one of the desk risers is 7.3cm



Black

Thickness mm 25

SKU	Description
9792302	Desk Feet Round Plastic Set 4

WIRE BASKET

FOR DESK CABLES



Don't let messy cables get in the way of your posture and positioning.

Compatible with our DeskRite 350/550 and JOSHO range of desks with a width of 1400 mm and above.

FEATURES

- Attractive chrome finish
- Keeps cables tidy and contained
- Easy to assemble

1 YEAR
warranty

Length (L) mm	1000
Width (W) mm	150
Depth (D) mm	55

SKU	Description
8833003	Wire Basket for Desk Cables 1000mm

STARTECH 4 PORT USB HUB

BLACK



This 4-port USB hub turns a single USB connection into four ports, giving you space to connect, charge and use all the devices you need on the move.

FEATURES

- Compact, lightweight housing with a small-footprint design for travel or desktop placement
- Four USB 2.0 ports (up to 480Mbps throughput)
- USB bus-powered and features a built-in cable, so you can carry the hub with you anywhere
- Universal, multi-platform compatible with fast, easy installation, and native support in most operating systems (Windows, Mac, Chrome OS, Linux)
- Convenient port layout on one side for easy access when connecting or disconnecting devices
- Offers plug-and-play installation, and supports hot-swapping or hot-plugging



Black

Length (L) mm	82
Width (W) mm	27
Height (H) mm	15

SKU	Description
9899677	StarTech 4 Port USB Hub - 4 x USB 2.0 Port - Black



Monitor Accessories

Elevate your computer monitor to a safe and comfortable height with our range of easy-to-adjust monitor accessories, including monitor arms and monitor mounts.

A monitor arm can also help to tidy and organise your computer cables.

SINGLE MONITOR ARM

PLATINUM SERIES™



Enjoy dynamic single-screen use with the Fellowes Platinum Series™ Single Monitor Arm, featuring smooth gas spring technology for effortless adjustment.

FEATURES

- Fully independent adjustable single monitor arm with innovative gas spring technology providing effortless monitor adjustment
- Holds up to a 30" monitor weighing up to 9 kg
- Built-in dual USB connectivity makes it easy to connect your favourite devices
- Intuitive cord management system helps minimise clutter
- Easy to mount - can be mounted via clamp or grommet
- VESA 75 x 75 and 100 x 100 compliant



Black

Depth (D) mm	471.5
Width (W) mm	114.3
Height (H) mm	438.2

SKU	Description
2333015	Platinum Series – Single Monitor Arm

DOUBLE MONITOR ARM

PLATINUM SERIES™



Enjoy dynamic dual-screen use with the Fellowes Platinum Series™ Dual Monitor Arm, featuring smooth gas spring technology for effortless adjustment.

FEATURES

- Fully Independent adjustable monitor arm for dual horizontal screen mounting
- Gas spring technology for effortless monitor adjustment and collaborative working
- Each arm holds a monitor up to 9 kg (up to 27" monitors)
- Built-in USB connectivity making it easy to stay connected to your favourite devices
- Intuitive cable management system minimises clutter
- Easy to mount via clamp or grommet fixing
- VESA 75 x 75 and 100 x 100 compliant



Black

Depth (D) mm	152.4
Width (W) mm	850.9
Height (H) mm	393.7

SKU	Description
2333024	Platinum Series - Dual Monitor Arm

REFLEX MONITOR ARM

SINGLE and DUAL



The simple and cost-effective Reflex Monitor Arms raise one or two screens above the surface of your desk to free up space and give you complete viewing control.

FEATURES

- Affordable single or dual monitor arm that's both height and depth adjustable
- Easy adjustment to find the perfect position for you
- Crafted from durable, stylish black metal
- Helps reduce the risk of eye, neck and shoulder strain
- Maximises desk space and keeps wires tidy with in-built cable management
- Height extends to 450 mm, with 420 mm of reach
- Supports monitors up to 8kg
- Secure and easy attachment options are included: clamp to your desk, or use the grommet mount



Black

Depth (D) mm	490
Width (W) mm	116
Height (H) mm	550

SKU	Description
2333998	Reflex Single Monitor Arm
2333999	Reflex Dual Monitor Arm

POSTURE BLOCK

FLAT SCREEN MONITOR



They are stackable posture blocks that offer maximum monitor height adjustability and locking stability.

FEATURES

- Simple single plastic monitor raiser block (65 mm height)
- Stackable on top of one another to increase height range
- Highly supportive (weights up to 55kg)
- Each block sold separately



Black

Max. Weight:
55kg

Length (L) mm	310
Width (W) mm	230
Height (H) mm	65

SKU	Description
6104	Posture Blocks for Flat Screens - Black

MONITOR RISER

PREMIUM



With 5 stacking height adjustments and a base that doubles as a paper storage self, the Fellowes Premium Monitor Riser ensures your monitor is at your ideal viewing height while keeping your work space clutter free.

FEATURES

- 5 stacking height adjustments maximise viewing comfort
- Durable plastic base doubles as paper storage shelf
- Cable management to keep your workspace clutter free



Max. Weight:
36kg

Length (L) mm	168
Depth (D) mm	343
Width (W) mm	337

SKU	Description
2333029	Premium Monitor Riser - Graphite

Mice & Keyboards

Reduce your risk of Repetitive strain injury (RSI) with a comfortable ergonomic mouse that works for you, including wireless, vertical and left-handed mice. All of our ergonomic accessories are designed to ease you into a comfortable working position to prolong your productivity and keep you healthy while you work.

The size, shape and layout of your keyboard all influence how you use your fingers, arms, hands and even your shoulders. A poorly designed keyboard can, over time, cause painful disorders and muscular imbalance.



PENGUIN

AMBIDEXTROUS VERTICAL MOUSE



Enables right and left hands to share the workload and avoiding exaggerated movements of the wrist joint that can increase pressure on the soft tissues in the carpal tunnel.

FEATURES

- Available in three sizes
- Wired and wireless (rechargeable) versions available
- Ambidextrous
- Easy-glide symmetrical
- Precision performance laser
- Adjustable 400, 600, 800 or 1200 dpi
- Precision scroll wheel - For fast, accurate document scrolling
- Soft key
- Coated with BioCote® antimicrobial material, with up to 99.99% bacteria reduction

2 YEAR
warranty

Compatibility	Windows XP, Windows Vista, Windows 7, Windows 8, Windows 10, Mac OS X.
Connectivity	Plug & Play USB 2.0
DPI settings	400, 600, 800 and 1200 dpi

SKU	Description
9820098	Small - Wired
9820099	Small - Wireless
9820100	Medium - Wired
100016307	Medium - Wireless
9820101	Large - Wired
100016308	Large - Wireless

EVOLUENT VERTICALMOUSE



4



The VerticalMouse 4's design has been flipped sideways to encourage the hand into a handshake position, which avoids forearm twisting for better comfort and good health.

FEATURES

- Comfortable and easy to use.
- Two thumb
- Adjustable laser
- Pointer speed indicators
- Powerful and intuitive driver
- Available in left or right-handed
- Right-hand version also available in wireless



Length (L) mm	110
Height (H) mm	80
Width (W) mm	87

SKU	Description
1401112	Right-Hand - Wired
1401114	Right-Hand - Wireless
1401122	Evoluent Vertical Mouse 4 Small RH Wired

V7 MW100-1E

WIRELESS USB MOUSE



Pocket-sized yet powerful ergonomic mouse for both left and right handers. Offering a precise optical sensor for smooth tracking and adjustable dpi settings for better control over your cursor.

FEATURES

- Light and compact, ideal for travel
- Reliable wireless 2.4Ghz wireless connection
- Up to 3 months of battery life
- Comes with AAA batteries
- Adjustable dpi settings

2 YEAR
warranty

Depth (D) mm	39
Width (W) mm	57
Height (H) mm	95
Weight g	54

SKU	Description
354414	V7 MW100-1E Wireless USB Mouse - Black

V7 7E

STANDARD USB OPTICAL MOUSE



A classic plug and play wired optical LED mouse with a universal design and responsive cursor control.

FEATURES

- Full size universal design
- Smooth, responsive cursor control
- Integrated scroll wheel
- Plug and play reliability
- 2 years warranty

1 YEAR
warranty

SKU	Description
9745221	7E (V7) USB Standard Optical Mouse Black

MOUSETRAPPER

DELTA



The ergonomic roller bar mouse with outstanding precision and a comfortable soft-textured wrist pad

FEATURES

- Ergonomic design
- 4000 dpi
- Carbon fibre roller bar
- Soft wrist pad with magnetic attachment
- Easy to clean; wrist pad can be disinfected
- 6 programmable buttons for customising, such as for copying and pasting
- Made in Sweden using recycled plastic
- Adjustable friction/height pad for keyboard
- 2 USB ports (3.3V) for charging and connecting multiple devices
- USB-Micro cable included



Width mm	500
Height mm	27
Depth mm	120

SKU	Description
100016476	Mousetrapper Delta

HANDSHOEMOUSE SHIFT

AMBIDEXTROUS MOUSE



Your hand can rest continuously on the mouse body, without friction between your desk surface and the skin of your hand. It also features enhanced thumb joint support.

FEATURES

- For left and right-handed use – switch easily
- Enhanced thumb joint support
- Easy Bluetooth connection
- To select the right size of the mouse for your hand size, measure the distance from your wrist up to the tip of your ring finger on the inside of your outstretched hand
 - If the length is around 170 mm – choose Small
 - If the length is around 190 mm – choose Medium
 - If the length is around 210 mm – choose Large
- Wireless Bluetooth, with cable option

1 YEAR
warranty

Battery	Rechargeable
DPI	1000
Connectivity	Bluetooth

SKU	Description
3323001	Handshoe Shift - Bluetooth - Small
3323002	Handshoe Shift - Bluetooth - Medium
3323003	Handshoe Shift - Bluetooth - Large

NUMBER SLIDE

COMPACT KEYBOARD



The Number Slide's retractable number pad slides out when you need it and away when you are finished. This feature delivers important ergonomic advantages over conventional standard or mini keyboards.

FEATURES

- Compact slimline profile - perfect for mobile workstations
- Ergonomic benefits - reduce risk of overreaching
- Slide-out number pad - there when you need it, concealed when you don't
- Shortcut function keys for common tasks & pairing with mobile devices
- USB version includes 2 auxiliary USB ports
- Coated with BioCote® antimicrobial material, with up to 99.99% bacteria reduction

1 YEAR
warranty

Length (L) mm	297-389
Height (H) mm	25
Width (W) mm	142

SKU	Description
9820010	Wired
9820011	Wireless (Bluetooth)

PIANO

MINI KEYBOARD



The Piano Mini Keyboard is an ultraportable ergonomic keyboard with chiclet style keys that have flat tops, a scissor mechanism and extra spacing for a modern look and satisfyingly tactile typing.

FEATURES

- Ultra slim, lightweight design that's easy to transport
- Chiclet style keys with scissor mechanism for tactile typing
- Stylish, modern appearance
- Mini keyboard design reduces travel distance between keyboard and mouse to reduce risk of discomfort and injury
- Mac compatible, but limited functionality

1 YEAR
warranty

Length (L) mm	318
Height (H) mm	18
Width (W) mm	127

SKU	Description
9877011	Piano Mini Keyboard

COMPACT KEYBOARD

TARGUS



Take work anywhere with the Targus Compact Wired Multimedia Keyboard, featuring modern, satisfying-to-press keys and a compact design with no number pad to improve your typing position.

FEATURES

- Compact design improves typing position to reduce risk of musculoskeletal disorders
- Modern, satisfying-to-press keys
- Highly transportable - perfect for agile workers
- Pre-programmed multimedia shortcut keys enhance productivity
- Plug and play USB connectivity

1 YEAR
warranty

Length (L) mm	305
Height (H) mm	18
Width (W) mm	200

SKU	Description
9899632	Targus Compact Wired Multimedia Keyboard - Black

GOLDTOUCH V2

ADJUSTABLE COMFORT KEYBOARD



The Goldtouch V2 Adjustable Comfort Keyboard is a unique and clever ergonomic keyboard which can be split both horizontally and vertically to achieve a highly comfortable position to suit the individual user.

FEATURES

- Ergonomic adjustable split keyboard design.
- Prevents carpal tunnel
- Allows for dynamic
- Ergonomic key layout - Standard alphanumeric key layout.
- Embedded numeric pad - Large space bar for easy thumb use
- Full size tactile feedback keys with soft end stop
- Soft key touch
- Compact size

1 YEAR
warranty

Length (L) mm	412
Width (W) mm	171.45

SKU	Description
3549	Goldtouch Keyboard PS2/USB Black V2

GOLDTOUCH GO! 2

MOBILE TRAVEL KEYBOARD



Sleek, slim, lightweight and at only 498g, the Goldtouch Go! 2 Mobile Keyboard is the perfect work and travel companion for the on-the-go worker.

FEATURES

- Lightweight and compact
- Intuitive ergonomic adjustable split keyboard design
- Easy to use
- Full size keys
- Ergonomic Comfort and uniquely fully-adjustable
- Features a scissor-switch system for fluid, silent keystrokes with tactile feedback
- Soft key touch
- Side USB for low powered devices

1 YEAR
warranty

	Open	Folded
Length (L) mm	342.9	177.8
Width (W) mm	152.4	152.4

SKU	Description
354901	Goldtouch Go! 2 Mobile Travel Keyboard

ACCURATUS CONTOUR ERGONOMIC SPLIT KEYBOARD



The sculptured and contoured design of this split keyboard is shaped to fit the natural position of your hands and fingertips.

FEATURES

- Split keyboard layout
- Integrated wrist pad
- USB wired 'plug and play' connection
- Compact UK key layout with integrated multimedia functions
- Sculptured and contoured design
- Reverse tilt feet
- Long-wear keyboard characters
- Optional matching numeric keypad also available (not included)
- Environmentally-friendly packaging



1 YEAR
warranty

Length (L) mm	400
Width (W) mm	235
Height (H) mm	36

SKU	Description
100072330	Accuratus Contour Ergonomic Split Keyboard
100072320	Accuratus Numberpad with Palm Rest

Laptop Accessories

Elevate your laptop with a simple and effective laptop stand – to improve your posture.

With your eyes in line with the top of your screen, you should find it easier to maintain healthier postures for longer bouts of productivity - even while on the move. Use a separate keyboard and mouse, and ensure that your forearms can be level with the top of your desk.



SLIM COOL

LAPTOP STAND



The Slim Cool Laptop Stand is a lightweight aluminium rectangle: unfold the wings to create an incredibly strong and stable laptop stand.

FEATURES

- Height adjustable laptop stand
- Six angle adjustments for optimal laptop screen height
- Easy slide-out bar setup
- Provides maximum air circulation to your laptop
- Strong yet lightweight – only 550 g for easy portability
- Folds flat to just 10 mm
- Aluminium construction = maximum durability
- Includes neoprene carry case - tidy protective storage for transporting



Weight: 550g

Length (L) mm	252
Height (H) mm	10
Width (W) mm	275
Suitable for	All laptop sizes up to 17"

SKU	Description
1401110	Slim Cool Laptop Stand

I-SPIRE SERIES™

LAPTOP QUICK LIFT STAND



The I-Spire Series™ Laptop Quick Lift features foldout front legs to optimise screen positioning on any laptop up to 17" or 4.5 kg, reducing the risk of tech neck - a common result of hunching over portable devices for too long.

FEATURES

- Simple adjustment to seven angles
- Suit laptops with a limited angle of opening
- Foldout front legs to optimise screen positioning on any laptop up to 17" or 4.5 kg
- Soft touch front ledge holds the laptop in place
- Portable - folds flat to travel
- Recommended usage with an external keyboard and mouse
- Increases air circulation to keep your laptop cool
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



Max weight: 4kg



Black



White

Depth (D) mm	286
Height (H) mm	42
Width (W) mm	320
Suitable for	All laptop sizes up to 17" or 4.5 kg

SKU	Description
2333978	Fellowes I-Spire Series Laptop Quick Lift - Black
2333112	Fellowes I-Spire Series Laptop Quick Lift - White

BREYTA™ LAPTOP STAND

FELLOWES



Elevate your experience of work with the clever Breyta™ stand from Fellowes, designed to turn your laptop into the ultimate ergonomic workstation.

FEATURES

- 12 height settings
- Foldout legs to optimise screen positioning
- Compatible with any laptop up to 14"
- Folds flat for easy storage or on the move, perfect for agile working
- Soft touch front ledge holds laptop securely in place
- Open design increases air circulation to keep your laptop cool
- Available in black and white finishes
- Made from 100% recyclable materials



Max weight: 4kg



Black



White

Depth (D) mm	268
Height (H) mm	14
Width (W) mm	235
Maximum laptop size	14"

SKU	Description
100016558	Breyta Laptop Stand - Black
100016559	Breyta Laptop Stand - White

CRICKET

LAPTOP/TABLET STAND



The Cricket Laptop/Tablet Stand is a fold up portable laptop stand that elevates the screen for cool computing and comfortable viewing.

FEATURES

- Height adjustable laptop stand - Press button to adjust 6 screen heights from 11 to 60 degrees for optimal laptop screen height.
- Unique fold out tripod design - Easy fold out setup. The design enhances airflow keeping the notebook cool, whilst keeping the laptop well supported.
- Extremely portable - Easily folds up and fits in a pocket or computer carry case.
- Ergonomic computing - Elevates laptop screen to comfortable viewing height and enables use of full-size keyboard for more efficient computing.
- Also works with tablet PCs - Adaptable design means it can be used as a stand for smaller devices.



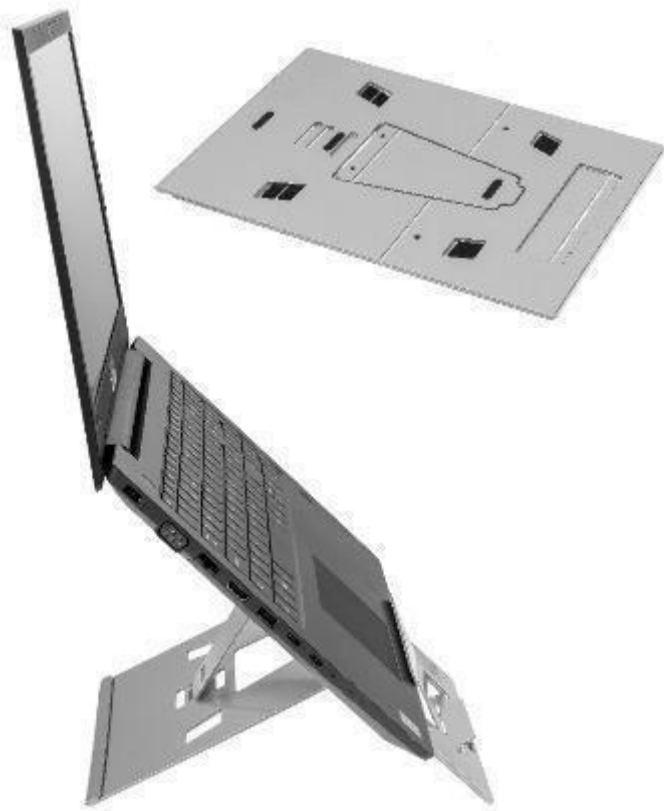
Max weight: 5.4kg

Length (L) mm	203
Depth (D) mm	25
Width (W) mm	51
Suitable for	All laptop sizes up to 17"

SKU	Description
9767002	Cricket Laptop Stand

VISION

LAPTOP/TABLET STAND



Unfold it from its light-as-air flatpack form to instantly create a solid, adjustable stand that will bring your laptop or tablet up to a suitable height and viewing angle.

FEATURES

- A hybrid ergonomic laptop and tablet stand suited to agile working
- Hylite composite material is strong, light and flexible
- Clever design folds totally flat for portability
- Can be configured easily for laptop or tablet
- Choice of viewing angles



Max weight: 3 kg (Laptop)
Max weight: 1 kg (Tablet)

Height (H) mm	305
Depth (D) mm	4
Width (W) mm	210
Suitable for	All laptop sizes up to 17"

SKU	Description
9820951	Posturite Vision Laptop/Tablet Stand

POSTURITE EXECUTIVE

4 WHEEL TROLLEY BACKPACK



The four wheels offer a smooth, easy-glide feel on indoor and outdoor terrains. For quick dashes or office use, carry the bag by gripping the sturdy, padded handle on top.

FEATURES

- 3 transportation options: backpack, trolley, or carry handle.
- Zipped compartments for straps and extendable trolley handle.
- 6 zipped compartments.
- Padded laptop compartment with velcro fastening.
- Phone, card, key and pen holders.
- Telescopic trolley handle has two height settings and comfortable rubber grip.
- 4 smooth-glide wheels for unlimited freedom of movement.
- Padded, adjustable, breathable shoulder straps.
- Accommodates laptops up to 15.6" in size



Weight: 2.74 kg

Height (H) mm	580
Depth (D) mm	230
Width (W) mm	370

SKU	Description
4700104	Posturite Executive 4 Wheel Trolley Backpack

JPL 502S

USB NOISE-CANCELLING HEADSET



The JPL 502S USB Noise-Cancelling Headset features a flexible, slim microphone with Surround Shield noise cancellation technology and Sound Shield acoustic shock protection for clarity on calls.

FEATURES

- Dual earpiece for greater call concentration
- Left or right ear side compatible
- Flexible 270° adjustable ratchet style 'put and stay' microphone boom arm
- Surround Shield noise cancelling microphone
- Anti-static shock microphone
- Sound Shield acoustic shock protection
- Wideband enabled speakers
- 55mm leatherette ear cushion
- Supplied with direct plug in USB-A and in-line control for volume and mute
- Sure-fit fully adjustable headband
- Headset storage bag and clothing clip included
- Compatible with all known office phones



2 YEAR
warranty



Weight: 106g



Black

Included

Binaural headset and quick start guide
supplied in a silver bubble carry case

Connection

Wired, USB

SKU

98995732

Description

JPL 502S USB Noise Cancelling Headset

JABRA EVOLVE 20

USB HEADSET



The Jabra Evolve 20's noise-cancelling microphone eliminates background noise so the recipient can hear you clearly.

FEATURES

- Efficient, ergonomic hands-free calling ideal for working from home or the office
- Plug-and-play connectivity to your computer or mobile device via USB-A or USB-C
- Compatible with leading UC vendors and Microsoft Teams
- Noise-cancelling microphone eliminates background noise on calls
- Software integration - additional features available via Jabra Xpress and Jabra Direct
- Powerful 40 mm speakers deliver richer sound for a more immersive audio experience
- Ease of use call management - answer/reject calls, increase/decrease speaker volume; and mute all at the touch of a button
- All day comfort with foam (Evolve 20) or leatherette (Evolve 20SE) ear cushions and an on-ear wearing style for all-day comfort



Black

Height (H) mm	35.5
Depth (D) mm	231.1
Width (W) mm	180.3

SKU	Description
3139100	Jabra Evolve 20 - USB A Headset - Mono

JABRA EVOLVE 65 SE

BLUETOOTH HEADSET



The Jabra Evolve 65 SE eliminates annoying and distracting background sound, allowing you to be more focused on your calls. In-call indicator lights show the people around you that you're on the telephone, helping to reduce interruptions.

FEATURES

- Range of up to 30 metres - hands-free roaming for active workers
- Dual connectivity functionality - allows Evolve 65 SE to be paired to another portable Bluetooth device while being connected to your PC
- Optimised for Microsoft Lync, certified for Microsoft Teams
- Noise-cancelling technologies, wideband audio and DSP for conversation clarity
- E-STD microphone sensitivity
- Bluetooth v3.0 - range: up to 30m/100m
- Includes Jabra Link 380 USB Bluetooth adapter
- Multipoint technology for connecting two devices
- Over-the-head wearing style with adjustable headband
- Large, leatherette ear cushions
- Soft carry pouch included
- Up to 10 hours talk time

2 YEAR
warranty



Black

SKU	Description
3139120	Jabra Evolve 65 SE/ Link380a MS Mono
3139121	Jabra Evolve 65 SE/ Link380a MS Stereo



Posture Supports

An ordinary cushion doesn't do the same job as one of these specialist supports!

Improve your back posture with our range of high quality back support cushions, lumbar rolls, wedges, body supports, footrests and leg rests. They are designed by health experts to strengthen back muscles, treat bad backs and prevent sitting-related musculoskeletal disorders.

BREYTA™ FOOT SUPPORT

FELLOWES



This innovative footrest features a large, stable platform that ensures comfortable feet positioning. It offers three height adjustments, including a rocking option to increase movement and enhance circulation. This is particularly beneficial in promoting an active ergonomic posture during prolonged periods of desk work.

FEATURES

- Comfortable and stable large platform for optimal foot positioning
- Offers three height levels with a rocking feature to boost movement and circulation
- Simple to carry, setup, adjust and store
- Contemporary, sleek design available in black and white
- Constructed from fully recyclable materials
- Made to last with an extended 5-year limited warranty

5 YEAR
warranty

Depth (D) mm	360
Width (W) mm	490
Height adjustment mm	98

SKU	Description
100016562	Breyta Foot Support - Black
100016563	Breyta Foot Support - White

STANDARD FOOTREST

FELLOWES



The Fellowes Standard Footrest offers dual-position height adjustment so you can find the right position for you. The free-floating mechanism means you can point and flex your toes for increased circulation.

FEATURES

- Free-floating platform allows legs to stretch for increased circulation
- Offers dual-position height adjustment
- Textured surface massages soles of feet to relieve tension
- Made from 99% recycled plastic
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5

1 YEAR
warranty

Length (L) mm	425
Width (W) mm	300
Height adjustment mm	85-105 (approx)

SKU	Description
9790026	Fellowes Standard Footrest

PROFESSIONAL SERIES™

ULTIMATE FOOT SUPPORT



Keep your feet moving with the Ultimate Foot Support by Fellowes, a platform that relieves strain from your back and gently rocks as you exert pressure.

FEATURES

- Rocking motion helps improve circulation and reduce fatigue
- Surface massage bumps can be used to relieve stress and rejuvenate tired feet
- Anti-slip platform surface
- Scissor motion height adjustment provides three platform settings
- Elevates feet and legs to relieve lower back pressure
- Platform design encourages correct positioning of feet while seated at a desk

1 YEAR
warranty

Depth (D) mm	337
Width (W) mm	451
Height (H) mm	105
Height adjustments mm	100 / 135 / 165

SKU	Description
2333010	Ultimate Foot Support

MICROBAN® ADJUSTABLE FOOT SUPPORT



Fight the aches and pains associated with sitting down for long periods of time with the Fellowes Adjustable Foot Support with Microban - an antimicrobial coating for hygienic working.

FEATURES

- Relieves leg discomfort by encouraging body into correct posture
- Built-in Microban, an antimicrobial material, ensures high-level hygiene for longer
- Rock feet back and forth to stimulate circulation
- Easy to adjust with feet

1 YEAR
warranty

Depth (D) mm	333
Width (W) mm	445
Height (H) mm	111
Wight kg	1.91

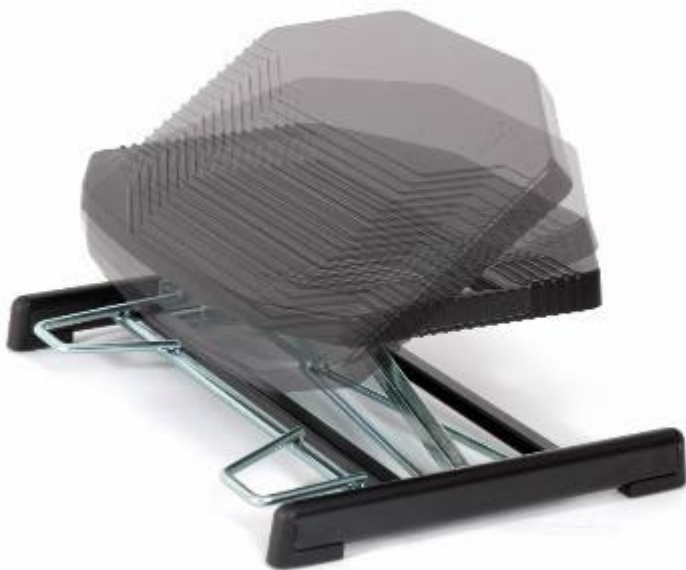
SKU	Description
2333007	Office Suites™ Microban® Adjustable Foot Support

SCORE 952

HEIGHT ADJUSTABLE FOOTREST



The Score 952 Height Adjustable Footrest is a fully adjustable footrest for use at the desk, which excels in both versatility and durability.



FEATURES

- Adjustable height footrest (7.5cm - 30cm) - easy to adapt to different leg lengths.
- Tiltable angle - easy to personalise angle for best support.
- Wide foot support base.
- Strong supportive frame.



Width (W) mm	420
Length (L) mm	320
Height Range mm	60-270

SKU	Description
5751	Score 952 Height Adjustable Footrest

POSITIV LEG REST

SINGLE



Designed to provide relief for anyone suffering with lower limb issues, the Positiv Leg Rest provides an instant solution and greater comfort than any makeshift support can offer.

FEATURES

- Available in either single or double model
- Choice of castors, glides or brake loaded castors
- Black fabric

1 YEAR
warranty

Width (W) mm	255
Depth (D) mm	455
Height (H) mm	390-480

SKU	Description
9789001BLA	Positiv Single Height Adjustable Leg Rest Castors

POSITIV LEG REST

DOUBLE



Designed to provide relief for anyone suffering with lower limb issues, the Positiv Leg Rest provides an instant solution and greater comfort than any makeshift support can offer.

FEATURES

- Available in either single or double model
- Choice of castors, glides or brake loaded castors
- Black fabric

1 YEAR
warranty

Width (W) mm	450
Depth (D) mm	455
Height (H) mm	390-480

SKU	Description
9789011BLA	Positiv Double Height Adjustable Leg Rest Castors

MOUSE PAD PALM SUPPORT

PLUSHTOUCH™



Made from soft, breathable material and with built-in Microban® protection to fight the growth of harmful bacteria, the PlushTouch™ was created to withstand daily wear and tear.

FEATURES

- Optical friendly mouse pad features superior tracking surface
- Innovative FoamFusion™ Technology provides superior comfort and softness to help relieve wrist pressure
- Built-in Microban® protection fights the growth of harmful bacteria for the lifetime of the product
- Non-skid backing keeps wrist support in place

2 YEAR
warranty

Width (W) mm	184
Depth (D) mm	239
Height (H) mm	25

SKU	Description
2333084	PlushTouch Mousepad Wrist Support - Black

KEYBOARD WRIST SUPPORT

PLUSHTOUCH™



Made from soft, breathable material and with built-in Microban® protection to fight the growth of harmful bacteria, the PlushTouch™ was created to withstand daily wear and tear.

FEATURES

- Innovative FoamFusion™ Technology provides superior comfort and softness to help relieve wrist pressure
- Built-in Microban® protection fights the growth of harmful bacteria for the lifetime of the product
- Non-skid backing keeps wrist support in place
- Available in black and blue



Width (W) mm	460
Depth (D) mm	81
Height (H) mm	254

SKU	Description
2333085	PlushTouch Keyboard Wrist Support - Black

LUMBAR SUPPORT

INFLATABLE



Inflatable lumbar support for situations where a good chair is not an option; in meetings, in a car, at home. Extremely robust rubber pump-up insert.

FEATURES

- Easy stretch strap with Velcro fixing
- The pump can be tucked into the strap behind the chair back
- Easily portable
- Cover can be removed for washing

1 YEAR
warranty

Length (L) mm	420
Width (W) mm	240

SKU	Description	RRP	Client price
9731003	Portable Adjustable Lumbar Support inflatable	£58.95	

COCCYX CUT-OUT WEDGE

POSTURITE



The Posturite Coccyx Cut-out Wedge can be added to your office chair or car seat to improve the alignment of your body and reduce aches and pains without placing pressure on your coccyx.

FEATURES

- Gently sloped angle to rotate pelvis and relieve lower back strain
- Coccyx relief recess cut out for injured coccyx
- Plush hard wearing, washable velour cover
- Lightweight and easily portable
- Medium firmness - the wedge supports the user appropriately but is soft enough to be comfortable while sitting

1 YEAR
warranty

Length (L) mm	380
Width (W) mm	355
Depth (D) mm	95

SKU	Description
4028	Coccyx Cut-Out Wedge

SLIMLINE WEDGE

POSTURITE



The Posturite Slimline Wedge can be added to your office chair or car seat to improve the alignment of your body and reduce aches and pains

FEATURES

- Gently sloped angle to rotate pelvis and relieve lower back strain
- Plush, hard wearing, washable velour cover
- Lightweight and easily portable
- Medium firmness - the wedge supports the user appropriately but is soft enough to be comfortable while sitting

1 YEAR
warranty

Length (L) mm	370
Width (W) mm	355
Depth (D) mm	50

SKU	Description
4034	Slimline Wedge

BACK SUPPORT

POSTURITE



The Posturite Back Support is a robust and ergonomically shaped back support designed to give good lateral and lumbar support to your back to ease backache and reduce the risk of back pain while sitting for long periods.

FEATURES

- Particularly ideal for the home where soft lounge chairs can provide very poor support
- Covered in washable plush velour with elasticated buckled strap
- Comfortable, ergonomic padding to fit the natural contours of your back



Height (H) mm	380
Width (W) mm	420
Depth (D) mm	125

SKU	Description
4036	Back Support



Desktop Accessories

The items you keep and use on your desk may be causing you to reach, twist and move repetitively. Being out of alignment and carrying out repetitive movements like this can contribute to musculoskeletal disorders (MSDs).

By using products such as document holders and writing slopes, you can keep your belongings within reach, improve your posture and reduce the risk of work-related musculoskeletal disorders.

MULTIRITE

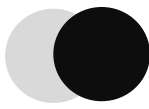
DOCUMENT HOLDER & WRITING SLOPE



Our unique two-in-one document holder and writing slope helps to reduce workday aches and pains by allowing you to read, write or type without risking awkward twists or turns.

FEATURES

- Elegantly simple to adjust height and angle
- Single pivot point at the front and infinite one touch adjustment at the rear
- Sliding top provides 2 different working positions
- Rubber feet ensure stability
- Suitable as a document holder and writing board
- Medium version - the original, elegantly simple to adjust both height and angle (max keyboard length 477 mm)
- Large version designed to accommodate the extra large Bloomberg keyboards and peripherals such as the RollerMouse Pro (max keyboard length 560 mm)
- Angle adjustment: 8 to 22 degrees



Silver/Black



White

	Medium	Large
Height (H) mm	120	120
Width (W) mm	517	604
Depth (D) mm	353	353

SKU	Description
9820403	MultiRite Document Holder and Writing Slope - Medium - Silver/Black
9820404	MultiRite Document Holder and Writing Slope - Medium - White

DOCUMENT SLOPE

CLEAR



The Posturite Clear Document Slope allows you to place documents and devices directly in front of you below your computer screen instead of having them scattered around the surface of your desk.

FEATURES

- Sloped document holder keeps papers and devices easily-accessible, comfortably positioned and organised on your work surface
- Comes fully assembled and ready to use out of the box
- Optimised for a healthy, comfortable viewing angle
- Space underneath for full sized keyboard
- Lightweight 5 mm frosted acrylic

1 YEAR
warranty

Height (H) mm	143/160/187
Depth (D) mm	290
Slope Angle	12 degrees

SKU	Description
1058CLE	Posturite Document Slope Clear

I-SPIRE SERIES™

DOCUMENT LIFT



Avoid painful 'tech neck' with the I-Spire Series™ Document Lift, a five-in-one hybrid desk accessory that'll hold your tablet as well as your papers.

FEATURES

- Five-in-one design: document holder, memo board, clipboard, magnetic board and tablet holder
- The clipboard holds up to 15 sheets of paper
- Weighted base prevents tipping
- Comes ready-assembled
- Available in white only



Height (H) mm	370
Depth (D) mm	152
Width (W) mm	241

SKU	Description
2333005	Fellowes I-Spire Series Document Lift - White



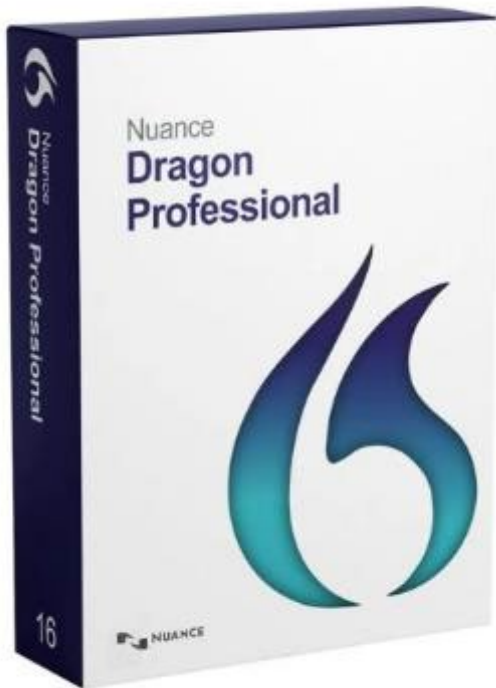
Assistive Technology

High-performing tools and technology are available to support people with dyslexia, dyscalculia, visual impairments and hearing problems.

Assistive technology helps people who have difficulty speaking, typing, writing, remembering, pointing, seeing, hearing, learning and more. Get support to work more productively.

DRAGON PROFESSIONAL

INDIVIDUAL V16 (UK)



The perfect tool for business, brand new Dragon Pro Individual v16 harnesses all the latest technologies to help you get work done quickly and accurately with clever voice control.

FEATURES

- Work faster and more accurately by dictating to Dragon
- Customise Dragon to automatically adapt abbreviations, dates, phone numbers and more to how you want them
- Apply formatting by voice, such as bold, italic, or underline
- Work within all the popular business applications you need on a daily basis
- No limits for speaking time or document length
- Easy, quick import and export to and from cloud-based document-sharing tools like Dropbox® and note-taking apps like Evernote®
- Complete transcription with no voice training required, even for third-party speakers.

1 YEAR
warranty

RAM	Minimum 4 GB
Supported operating systems	Windows 7, 8.1, 10 (32- and 64-bit); Windows Server 2008 R2 & 2012 R2
Additional hardware	A sound card supporting 16-bit recording

SKU	Description
100017136	Dragon Professional Individual 16

ZOOMTEXT

V10.1



ZoomText is the world's leading magnification and screen reading software for the visually impaired. The software helps countless individuals across the globe stay employed and in touch with the world.

FEATURES

- xFont Magnification
- Flexible Magnification
- Support for Touch Screen
- Powerful Zoom Windows
- Enhanced Screen Colors
- Visible Pointers and
- Focus Enhancements
- Smooth Navigation
- Dual Monitor Support
- ZoomText Camera
- Enhanced Web
- Desktop Finder
- Text Finder

1 YEAR
warranty

CPU	2 GHz single core or 1 GHz dual core
RAM	2 GB, but 4 GB or higher recommended
Supported operating systems	Windows 7, Windows 8, Windows 8.1, Windows 10

SKU	Description
9821385	ZoomText Magnifier V10.1 Single
9821386	ZoomText Magnifier V10.1 USB
9821088	ZoomText Magnifier Reader V10.1 Single Licence
9821329	ZoomText Magnifier Reader V10.1 USB
9846027	ZoomText Magnifier Reader ESD – Single Licence (Download)
9846028	ZoomText Magnifier ESD – Single Licence (Download)

DOLPHIN SUPERNOVA

V17.0



SuperNova is a range of assistive technology for people who are blind or partially sighted.

FEATURES

SuperNova Screen Reader features

- Control precisely what is announced
- Robust Braille output and input
- Hundreds of main stream Office, web browser and leisure apps supported
- Easy to press hotkeys for reading the screen or changing settings on the fly
- Available in more than 20 languages

SuperNova Magnifier features

- Crystal clear magnifier enlarges everything on screen up to 60 times
- Touch screen magnification
- Access to books, news, podcasts and radio
- Available in more than 20 languages
- Specialist product support via phone, email or web

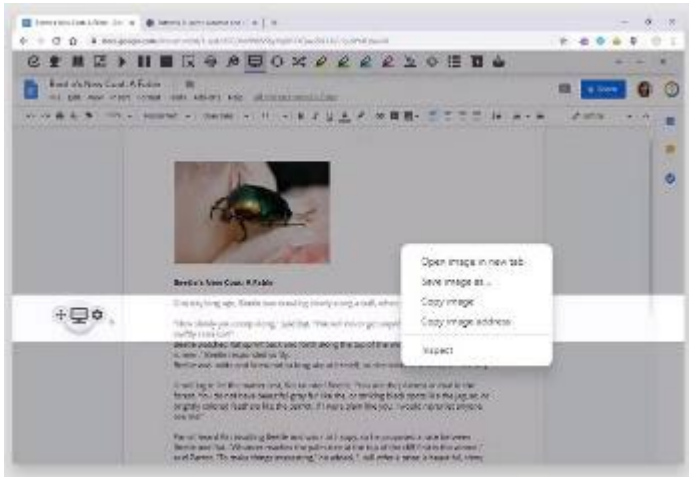


CPU	1.5 GHz or faster x86 or x64 compatible processor with SSE2 instruction set support (almost all CPUs manufactured after 2003 will support this)
RAM	2 GB
Supported operating systems	Windows 7 (requires Windows Update KB2670838), 8.1 (32-bit or 64-bit), 10 (32-bit or 64-bit)

SKU	Description
1010006	SuperNova Magnifier v17.0 (Download)
1010007	SuperNova Magnifier & Speech v17.0 (Download)
1010005	SuperNova Screen Reader v17.0 (Download)
1010004	SuperNova Magnifier & Screen Reader v17.0 (Download)

TEXTHELP READ&WRITE

3 YEAR ATW LICENCE (DOWNLOAD)



Read&Write is an easy-to-use flexible toolbar containing support features to make reading, writing and research easier for you.

FEATURES

- Words are highlighted as they are read.
- Spelling and homophone checkers to correct typical dyslexic errors.
- Word prediction.
- Text-to-Speech
- Screenshot Reader
- DAISY Reader
- Screen Masking
- PDF Aloud
- Dictionary/Picture Dictionary
- Speech Maker
- Pronunciation Tutor
- Translator
- Writing and Self Editing
- Word Wizard
- Verb Checker
- Study Skills and Research
- Study Skills Highlighters
- Vocabulary List Builder
- Word Cloud
- Voice Note
- Teacher's Toolkit
- PDF Accessibility Editor

1 YEAR warranty

RAM	512 MB (Recommended: 1 GB or greater)
Supported operating systems	Windows XP SP3 or above
Additional software	PDF Aloud requires Adobe Reader X or XI or Acrobat Version 9, X or XI
Audio	Sound card, speakers and microphone for speech input

SKU	Description
9821969	Texthelp Read&Write 3 Year Access To Work Licence (Download)

LARGE PRINT KEYBOARD

DOLPHIN



The Dolphin keyboard features large print, high contrast keys that are easy to see. These buttons are large and of varied shapes, making them tactile and easy to locate by touch.

FEATURES

Use Quick Buttons to:

- Get help
- Adjust the screen magnification level
- Switch on high contrast colour schemes
- Switch on speech and adjust the sound
- Access online services



Length (L) mm	490
Width (W) mm	240
Height (H) mm	25

SKU	Description
9745359	Dolphin Large Print Keyboard

ACCURATUS MONSTER 2

HIGH CONTRAST KEYBOARD



With the same outer size as a regular keyboard but with large, easy-to-press keys, the Accuratus Monster 2 High Contrast Keyboard is the perfect tool for those with visual impairments.

FEATURES

- Gloss black case
- Extra large, easy-to-see black and white keys
- Plug and play technology for instant, no-hassle use
- Spill proof technology
- Highly durable
- Labelled space bar



Length (L) mm	465
Width (W) mm	180
Height (H) mm	27

SKU	Description
9853013	Accuratus Monster 2 High Contrast Keyboard

PENAGAIN ERGO-SOF

BALL PEN



This unusual wishbone-shaped contraption is a pen that's been reimagined to fight poor writing posture and prevent dreaded 'writer's cramp'.

FEATURES

- Soft, comfortable rubber coating
- Revolutionary 'no grip' design to reduce stress on hands and fingers
- Reduces risk of poor writing posture and hands cramps
- Smooth, satisfying ballpoint precision
- No-hassle refilling with spare black cartridge supplied
- Pocket clip for secure transportation
- Pop top so cap never gets lost
- Black rubber and black ink
- Uses non-pressurised 1.0 mm black ink cartridge

1 YEAR
warranty

SKU	Description
980502	PenAgain Ergo-Sof Ball Pen